

The One Love

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Introduction

There is one result you want from this book.

You want to have, in your life, the love of your life – the select one – the one that fits your desires, and your life.

That means if you like living in the country, you have a mate who likes the country.

That means your bodies belong together. Looking into the person's eyes turns you on, their touch inflames you.

There are two parts to pay attention to when you read this kind of subject. One is to categorize one part as

fact

and the other,

opinion.

A fact is something backed up by repeatable evidence from the lives of people in a variety of cultures, and through many periods of history. In other words, it's science. The cultures do not change the fact, and the period of history does not. Some call these facts about all people, “human nature.”

An opinion is just that, some idea that often springs from evident facts. It could come from personal experience, or no experience.

In this work, I'll tell you the facts. I'll explain the evidence that proves some of the facts. If I don't say it's opinion, then it's fact.

A book was written about a century ago, titled, **THE SCIENCE OF GETTING RICH**. In that book, the author, Wallace D. Wattles, tells you why the word, “science” can accurately be placed in his book.

He wrote:

Every man or woman who does this will certainly get rich; for the science herein applied is an exact science' and failure is impossible.

There are certain laws which govern the process of acquiring riches;

...once these laws are learned and obeyed by any man, he will get rich with mathematical certainty.

And, what is science? Science is, mainly, **repeatability**. If an experiment shows repeatable results, from many people, in many different cultures and locations, then it's **scientific fact**. A certain cause shows a certain, repeatable, effect.

Why pay attention to opinion? Opinion is the backdrop of the acts on the stage of life. The performances on the stage are the reality. Because there is so much falsehood in the world, to see the reality properly one must see it along with the false – the backdrop. Reality does not stand clearly enough in this world of great deceit, except with the contrast of the lies.

If there were no lies, there would be no reason to be so loud and clear about the truth.

It is not necessary to teach people who just live normally. The purity of life, and the purity of untainted consciousness, just goes on in the life of such people. People naturally know they can draw **The One Love**, easily.

I have read many of the “Relationship Guru” instructions about true love. I've read them for many years. There's truth in them, and also falsehood.

I know what's true, and what is false from counseling people for decades, and studying much good material. And, I know from my personal experience.

All my life I wanted to know more about **The One Love**. Much work, and discovery,

has gone into this writing.

Anyone writing or speaking about the **one true love** for a person's life should have one love, and only one after writing, or speaking. But, unfortunately, many of them had more than one love. They never found the true love, so why do you want to listen to them telling you about it? Best selling books, tapes, videos and talks come from people who have had multiple partners since first putting forth their “teachings.”

This book is simple. The truth is simple. You don't need many words to convey the essential part of how to bring **The One Love** into your life. This book contains all you need to know.

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Chapter 1 Three Types of Love

There are Three parts, a Triad, of a true, special person to person relationship – **The One Love**. **The One Love** is a love of all three. But, some find love in all three ways, and none of it is intense, or deep. Having all three does not mean, necessarily, that you have found **The One Love**.

You sense friendship type love.

You have a desire for their body.

You love the soul of the person.

Emotion is not the origin of **The One Love**. It is a result, not a cause. It is not the core producer of love. People have extremely intense emotional experiences, and they both love and hate each other. The emotion is not the indicator of **The One Love**.

Three types – the triad:

1. The first is brother–sister type, or friendship, love.
2. The second is love of the bodies. It's called erotic love.
3. The third is divine love. We love everyone divinely, because everyone is divine, no matter how evil the life's manifestation is, but only certain people are loved, in particular, in a divine manner. That's a love of a particular soul.

More detail about the 3 types of love:

As I wrote before, you can have all 3 types of love, and still this is not **The One Love**.

The **One Love** person can feel you deeply, and be felt by you. It's intense.

Having intense feeling does not mean you have met **The One Love**. It's not enough. Feeling does not mean a thing, by itself. But, it's one, and only one, indication of having met **The One Love**.

When you meet **The One Love**, then you naturally are going to live together. If one likes to live out in the middle of nowhere, and be home much of the time, and the other wants to be living inside a city so they can go party every night, they are not the **One True Love**.

If one loves pets, and the other hates them, that's not **The One Love**. One of the two will be deprived of their peace. One who has had a dog, or a cat, all their lives will be deprived of that connection and feel out of place. Or, the other will have a “ghastly beast” in the home that scares and disgusts them.

If one loves children, and the other cannot stand the inconvenience, that's not **The One Love**.

Believe me, if you have things that stand between you that cause great discomfort and grief, it's not **The One Love**.

Some of this is a list you make, other parts of what happens is divine providence. Often one can make a list, and not include everything important. Then, all that one never wrote of falls into place in a perfect, and wonderful, manner.

Remember these 3 things.

They have to be, all three of them, strong. **Very intense.**

1. You are best friends. You tell each other everything. You trust each other. You love to talk, and listen, to each other. You have deep compassion for this person, more than anyone else.

2. You must have an intense physical attraction. You are drawn to the other's body like a magnet. Each of you desires the other's body, intensely. Your bodies are made for each other. And, you can feel the energy of both souls uniting as your bodies connect. The sexual experience is satisfying, and fulfilling.

3. You have a sense of the individual soul in the other person. A deep love for that soul. If you both died at the same time, your souls would probably meet immediately. You no longer have a physical, sexual desire, but you must connect with that soul. You sense that soul, always, a familiar realization.

When people have dreams of the other person before they meet, in person, it is usually the soul they sense, not the personality. Personalities change, souls stay much the same.

Now, what's the proof of this chapter? Go to the following website:

<http://astrologicalcounsel.com>

Do you know of Carl Jung? He's a famous psychologist. He did an experiment which measured various intensities of attraction, and other factors of married couples. There was a statistical analysis.

Chapter 2 Body, Mind and Soul

We all *have* a body, and a mind. We *are* a soul.

Feelings, and desires, are not the true self, the soul.

If you have not met ***The One Love***, yet, you have to understand this about the human condition, or you will probably not be able to seek properly, and draw that person, like a magnet, into your life.

Read this in more depth at...

<http://www.psicounsel.com/soul.html>

Chapter 3 The Metaphysics of drawing him or her into your life

This is, basicly, what you need to know to make this work. You do not have to fully understand it. But, you must know these metaphysical principles are what makes things like this work in the world we live in.

There is something that fills all the space of the universe. There is no empty space.

There is [a video you can watch](#) on a website I created. It's 1 hour long, and it will explain to you how all things, everywhere, are connected to one another. And, you will see scientific experiments which prove it.

Exposure to these ideas will give you the ***feeling*** you need to draw into your life, like a magnet, the one you truly love, and who loves you.

Distance is only real when we consider this physical world, and our physical bodies, isolated from the spiritual reality that is part of everything material.

So, there is now a connection with your soulmate, whether or not you have met in person, or talked, or communicated on the internet.

The connection that exists even when you are apart physically can include emotion, thoughts and desire. It is, of course, not sufficient, and you must meet, and come together physically because that is natural.

Realize this about our world. Whether there is peace or war, high crime or

peace in a certain area, depends upon the consciousness, the collective state of mind, of the people.

Yes, state of their hearts and minds. Are they at peace? Then, their world is at peace. No, I'm not referring to how they influence others with words. I'm talking about their minds, only.

Likewise, the movement of your believing mind, and heart, draws the one you love into your life.

At some point you will not even question whether you can do this.

But, right now if you believe you can, then you can. If you believe you really cannot, then you cannot. That's one way to put it.

But, of course there's more to it than that.

An axiom, in mathematics, is a rule. You learn the rule, and all other solutions follow from it. Learn this axiom for the purpose of drawing your soulmate into your life:

We draw into our lives what we think about most, and with the greatest intensity. This is the most important axiom.

If having your soulmate represents, to you, a lack of freedom, or any other burden, it cancels out the action of drawing the one love into your life.

If having your soulmate in your life, in your mind, interferes with any other thing you want in life, then it cancels out the action of drawing the one love into your life.

If fear of NOT having your soulmate into your life predominates your mind, and heart, then that cancels it out also.

So, of all the things you want in life, if you scatter your mind, by dwelling too much on those, then you cancel out what you should be thinking of, imagining, and enjoying your self drawing.

What do you believe? What is easy for you to believe? What is hard for you to believe? Take that which is most easy to believe and **GIVE THAT YOUR GREATEST ATTENTION, GIVE THAT YOUR GREATEST INTENSITY. GIVE THAT MOST OF YOUR TIME.**

Do not scatter attention. There may be more than one thing you are drawing, by the law of attraction, into your life. But, give the most attention and time, to that which you have the greatest belief in. Once you attain that, go on to other things.

Don't question if the other is ready - the one you have not yet met. If your consciousness is working, in harmony, with this, **The One Love**, then he or she is ready. When you are ready, the other is.

What is the time for meeting?

Some people say certain things must happen in a person's life before meeting the other. That's not true. You meet when you meet. It doesn't matter if you are rich or poor. If the two of you are too poor, it just means it will be inconvenient at the beginning, but it does not mean you should not meet.

These relationship gurus who think finances must be in order before meeting **The One Love** are **WAY OFF**, in my opinion.

Sure, you want the best in life for the both of you. I don't think people should be poor, not fed right, without proper clothing or shelter. But, if you got **The One Love** part right, you should be able to get the finances right, also. If you have this problem, read **THE SCIENCE OF GETTING RICH**. It is similar to some of what is written here about **The One Love**. It's free.

<http://psicounsel.com/book.html>

There are many rituals to draw **The One Love** into your life. I will not provide any. You don't need any of them.

You have to let go of all fear, all repeats in your mind of what you have had to fear in the past.

You need to know what you want, and believe you will have it. A very special person in your life, a real, true, love.

You need to look at your finalized list, and envision that person in your life.

Before falling asleep, ask for dreams of the person coming into your life, **The One Love**.

Believe, and dwell upon what you want. Believe you are like a magnet, drawing the

ideal partner into your life.

Meditate upon this much of the time, without interfering with other, essential, parts of your life.

Chapter 4 Desired Attributes of the other person

Are you looking for someone fat, skinny, tall, short, beautiful face, or it does not matter?

Has children, or not. Intelligent, educated, or it does not matter?

Rich or poor, or it does not matter?

They may have another special person they have to let go of or keep after they meet you, or it does not matter.

First thing, if you have not yet met **The One Love** you must write all the details you want. It's not written in stone, and likely you will have to change it. But, if you have understood the first 3 chapters, this is the next exercise. You have to do it. Write it all down.

What do you want?

What age person do you want? Go ahead, write down an exact number.

Every day, go over your list, and change it any time you want. Don't dwell too much on the list, yet. You are not using this to try and draw a person into your life, yet. You are just doing an exercise.

Do not write what you do **NOT** want. Don't even think of what you do **NOT** want. If people lied to you, hurt you, stole from you, or whatever, forget it. Do not write that you do **NOT** want that type of person.

You maintain a vision of what you **DO** want.

If you keep with what you do **NOT** want, you will draw that type of person again and again.

When someone first told me about writing a list of attributes decades ago, I thought it was ridiculous. Who am I, I thought, to be entitled to that? I said there is a mind that knows all things, and will pick a person from a list written in the cosmos. That will be

my list. I'll just ask for the undefined **right** person, I thought, that's all I have can do. I was wrong.

The first part of writing this list is to find out about yourself. Do you love yourself? If you do, you will want the best for yourself. You will be worthy of the best. If you do not love yourself, you want to settle for something small. Then you are desperate.

Learn to love yourself, and then start changing your list of attributes in accordance with your self love.

Then, after your list is changed over and over, and finally complete as I describe further in this chapter, set a date. I mean it, a date. On this date you are **HAVE BEEN** with **The One Love**. You've met, and you are physically together in the same dwelling. Make it a realistic date. Chances are, your date will correspond with "divine timing."

Eventually you are going to come out with a final list. This list comes from self love. It comes from being realistic. And, it comes from being spiritually conscious.

To be realistic, remember you cannot draw into your life what you are not. If you don't care about your body, don't expect a health conscious person. If you cannot practice love and compassion for your partner consistently, don't expect that from him or her.

If you are habitually impatient with people, don't think a patient person is something you are entitled to be with. You may wind up with that gift, but it's not that usual.

It does not mean you have to be near the same age. But if your chronological age is much older, you should be a very health conscious person, willing to exercise, eat right, and keep high energy levels. If you're an older man, you better know how to stay virile. And, I'm not referring to Viagra. I mean naturally virile.

Now, back to the idea of a divinely chosen group of attributes. If you accurately assess your self, and you are capable of coming up with a carefully compiled final list, expect the one you meet to fill nearly all, or all, that's on the list.

There's nothing wrong with a list, if it's made by a spiritually conscious person, very carefully, and with wholesome, and honest, intent.

When you finally, and properly, finish this list it will be a divine list. It will be from deep inside you, from divine mind. Often enough, you think it's you making it, but your list comes from you psychically and unconsciously knowing the other, **The One Love**.

Now, where do you meet? It could be the supermarket, the library, walking down the

street. Anywhere.

Or, it could be on the internet. Perhaps you already met someone on the internet, in some other country, and you want to know how you two match up. I can tell you much about it.

The way this works is surprising. It's a mind blower. You may suddenly meet someone, and they talk about how old they are, and it's the exact age you have on your list. If you keep this endeavor secret, you know you met this person through this spiritual practice.

Once I wrote a list, and left out important things. The one I met within a month was the exact age I specified, and everything on the list was correct. She was not **The One Love**. I had left out important and simple detail on my list. I was a beginner at this.

Chapter 5 One soulmate - or soulmates

Is it possible to know more than one soulmate in a life time? Yes, it is. I've not heard of any that had more than one at a time.

What is a soulmate? There are many definitions. Some call a certain type of relationship that of Soul Twins. Others are called karmic in nature. Don't pay any attention to these various terms, or you will be confused. Just concentrate on **The One Love**. It's either someone you met, or someone you have not met, yet. You will know, soon enough, after reading this entire book, and meditating, getting deep inside yourself and divine mind.

Whether or not you met, or connected with a soulmate in the past is irrelevant. Right now, you either have met your **One Love**, or you seek to find him or her.

Chapter 6 Monogamy

Yes, that's right. The One Love is a monogamous relationship. You can scatter your energies, but you are not going to find the fulfillment of **The One Love** when you do that.

I've written more about why only monogamy works, the proof of that fact, and [it is here](#).

Right at the beginning of working, diligently, with this you must be monogamous with **The One Love** you have not yet met. That's right, no extra dating. You are not going to look by dating a lot of people to figure which is the one. You are going to look inside yourself, and that person will appear in physical form, and you will know. Will you both know at the beginning? Probably you will, because that's what happens most of the time.

Chapter 7 Why you should want The One Love.

Your personal fulfillment down deep inside of both of you is one reason to want **The One Love**.

And you are adding real love to the storehouse of love on the planet. Your love, from the two of you, amplifies the love one person would put out many times. Not 2 times, as some would expect, but many times.

It has been ascertained, from careful research, that conditions on this planet change according to what the people are putting out just from their state of mind and heart. Not necessarily from what they say, but just what they think and feel.

Peace and love, or hatred and discord. Political changes. Crime rates. Murders. All of it. The worst gets worse when the consciousness of the people is worst. The world, or local areas, get better when the consciousness is more peaceful and loving.

More on this at my website, with documentation...

<http://www.worldpeacealliance.com>

Chapter 8 Have you, the author, met The One Love?

Yes, I have. It's a wonderful relationship.

Chapter 9 Fear and Love

It is absolutely essential that you understand **FEAR** and **LOVE** before you can successfully seek **The One Love**.

Fear comes from the past. It's all about what didn't work, what hurt you, and it's what keeps you from seeking, with all your heart, **The One Love**. It keeps you from believing in **The One Love**. It can come from a past love affair, from your parents, or anything else.

When you and your partner are together, you may experience inclinations toward fear, and love will be kept from full expression. You both have to keep your awareness on these two things, so you can allow love to flow into your lives.

10. Do you need a mentor to find The One Love?

Some do, and some don't. If you want to [contact me](#) you can message me in the Psiconsel Facebook Group:

<https://www.facebook.com/psiconsel>

Then, we can talk on the phone.

There is an investment involved for your life.

Is it worth it?

What's your life worth to you?

Here is a test of whether you need a mentor or not. Do you have a vision of drawing the right person into your life? Can you see in your mind's eye, and can you feel it in your body, the drawing of the other person into your life after reading this book, doing all exercises, and meditating on this matter? Do you believe you can do it?

It's important you feel it in your body.

If you do not, yet, experience this as I just described, then get in touch with me.

11. Proof that the desire for The One Love is an integral part of Human

Consciousness

If you go on the Internet, you will find references to romance, soulmates, and finding out who your soulmate is, are prevalent. This is a result of an inner longing people have. It's a sane, and sober, quest.

Romantic movies have sold, big time, for a long time.

In almost every good plot of many movies, or fiction books, the story has a romantic angle to it.

Go to Amazon, or a bookstore, and look at the many romance novels. People love to dream of the one true love, and they always have.

Go to GOOGLE and look at the millions of "soulmate" entries. Just type in the word, "soulmate."

Additionally, you will find this desire for a certain person has existed throughout recorded history all over this world. That's the one who fits, a Mr. Right, a Mrs. Right.

Some say it's conditioning that makes people want a special love. No, the opposite is true. It's natural to want **The One Love**, but the conditioning comes from an influence away from love, away from commitment, away from monogamy and away from a mentally and spiritually healthy family. I have proven this through a link in chapter 6.

Additional free reading and watching:

Go to **GOOGLE.COM** Then type in the following in the search engines: **THE GAME OF LIFE AND HOW TO PLAY IT**. Get the free copy on the **PSICOUNSEL** site from the first page of the search engine. It's nearly a century old, has sold billions of copies in bookstores and on the internet, all over the world. I am giving away about 20 thousand copies every month from that site.

Watch a 4 part video from Dr. Wayne Dyer. The title is **WISHES FULFILLED**.

Click at the links.

https://www.youtube.com/watch?v=-_6Gh6pn2Es

Wishes Fulfilled video part 1

<https://www.youtube.com/watch?v=lZlgxC4lyOE>

Wishes Fulfilled video part 2

<https://www.youtube.com/watch?v=WjEOpoqs8XU>

Wishes Fulfilled video part 3

<https://www.youtube.com/watch?v=8Nafit7be6o>

Wishes Fulfilled video part 4

THE END

